

Health and Safety Programs

School Safety Programs

Basic First Aid

Students with good knowledge of the first aid are likely to be more alert and active. They make sure they are not vulnerable to any accident or injuries. GDGH Basic first aid promotes the sense of safety. It makes them capable of managing incidents and assessing casualties. The more they are aware of the accidents, illness and treatments, the more they become conscious. Whether you prefer the interaction available in a traditional classroom setting, or online, the freedom to learn at your own pace, or want a combination of the two. Our innovative classes can help you learn the material your way.

Target Audience Students from 6th class onwards

Course Description

- Introduction to Medical Emergencies & their identification
- Role & responsibilities of First Aider
- Calling Ambulance – Information to be shared
- Importance of Time – Golden Hour & Platinum Minutes
- Common Medical Emergencies
- Traumatic Emergencies
- Do's and Don'ts of First Aid
- Recovery Position – Demonstration and Skill Practice
- Participant's Query session
- Post Training Evaluation & Feedback

Training Methodology

- Discussion & Interaction
- PowerPoint, Audio & Video presentations
- Scenario based Roleplays
- Demonstrations
- Skill Practice by Participants*
- Evaluation

Course Highlights

- Duration: 2-3 Hours
- Certification: GD Goenka Healthcare & International Accreditation Organization (IAO)
- Validity: 1 Year
- Mode of Training: Offline/Online

