

Health and Safety Programs

Corporate Training Programs

Basic First Aid

First Aid refers to the emergency or immediate care one should provide when a person is injured or ill until full medical treatment is available. GDGH Basic first aid training gives access to best-in-class instruction in three unique ways. Whether you prefer the interaction available in a traditional classroom setting, the freedom to learn at your own pace online, or want a combination of the two, our innovative classes can help you learn the material your way.

Target Audience Anyone and Everyone who values life and wants to be life saviour when dealing with medical emergency

Course Description

- Introduction to Medical Emergencies & their identification
- Role & responsibilities of First Aider
- Calling Ambulance – Information to be shared
- Importance of Time – Golden Hour & Platinum Minutes
- Common Medical Emergencies
- Traumatic Emergencies
- Recovery Position – Demonstration and Skill Practice
- Participant's Query session
- Post Training Evaluation & Feedback

Training Methodology

- Discussion & Interaction
- PowerPoint, Audio & Video presentations
- Scenario based Roleplays
- Demonstrations
- Skill Practice by Participants*
- Evaluation

Course Highlights

- Duration: 3-4 Hours
- Certification: GD Goenka Healthcare & International Accreditation Organization (IAO)
- Validity: 1 Year
- Mode of Training: Online/Offline

