

Health and Safety Programs

Road Safety Programs

CPR & AED

Cardiopulmonary Resuscitation (CPR) is an emergency lifesaving procedure performed when the heart stops beating. Immediate CPR can double or triple chances of survival after cardiac arrest. An Automated External Defibrillator (AED) is a portable electronic device that automatically diagnoses the life-threatening cardiac arrhythmias - Ventricular Fibrillation (VF) and Pulseless Ventricular Tachycardia, and is able to treat them through defibrillation - the application of electricity which stops the arrhythmia, allowing the heart to re-establish an effective rhythm.

Target Audience Anyone and Everyone who values life and wants to be life saviour when dealing with medical emergency

Course Description

- Introduction to CPR & AED
- Role & responsibilities of Emergency First Responder
- Calling Ambulance – Information to be shared
- Recovery Position – Demonstration and Skill Practice
- Cardiopulmonary Resuscitation (CPR) – Demonstration and Practice
- Automated External Defibrillator (AED) – Demonstration and Practice
- Participant's Query session
- Post Training Evaluation & Feedback

Training Methodology

- Discussion & Interaction
- PowerPoint, Audio & Video presentations
- Scenario based Roleplays
- Demonstrations
- Skill Practice by Participants*
- Evaluation

Course Highlights

- Duration: 4 Hours
- Certification: GD Goenka Healthcare & International Accreditation Organization (IAO)
- Validity : 1 Year
- Mode of Training: Online/Offline

