

## Health and Safety Programs

### Corporate Training Programs

# Emergency First Responder

Emergency First Responder is a person with specialized training who is among the first to arrive and provide assistance at the scene of an emergency. GDGH Emergency First Responder training program imparts skills that one needs to help adults and children during many emergency situations and save lives. Our first aid training delivers the latest information in the best possible manner.

**Target Audience** Anyone and Everyone who values life and wants to be life saviour when dealing with medical emergency

### Course Description

- Introduction to Medical Emergencies & their identification
- Role & responsibilities of Emergency First Responder
- Calling Ambulance – Information to be shared
- Importance of Time – Golden Hour & Platinum Minutes
- Common Medical Emergencies
- Traumatic Emergencies
- Do's and Don'ts of First Aid
- Recovery Position – Demonstration and Skill Practice
- Cardiopulmonary Resuscitation (CPR) – Demonstration and Practice
- Demonstration of using Automated External Defibrillator (AED)
- Participant's Query session
- Post Training Evaluation & Feedback

### Training Methodology

- Discussion & Interaction
- PowerPoint, Audio & Video presentations
- Scenario based Roleplays
- Demonstrations
- Skill Practice by Participants\*
- Evaluation

### Course Highlights

- Duration: 6 Hours
- Certification: GD Goenka Healthcare & International Accreditation Organization (IAO)
- Validity: 1 Year
- Mode of Training: Online/ Offline

